

Frequent Phone Calls and Addresses

NAME	ADDRESS	PHONE NUMBER	NAME	ADDRESS	PHONE NUMBER
		52759			

1934

[Faint handwritten notes in the left margin]

MEMORANDUM CALENDAR FOR JANUARY

1934

JANUARY

1934

SUN.	MON.	TUE.	WED.	THU.	FRI.	SAT.
S.S. Bed all P.M. all up until 1934	1 Cold. Nothing doing Down stairs P.M.	2 Washed. Isabel's P.M. made p. cases. Ironed eve.	3 Nice day. Still cold. Finish ironing cleaned house. Mended eve.	4 Made cookies & donuts A.M. Went calling P.M. started quilt patch	5 Cleaned up pots.	6 Trimmer. Cleaned down stairs.
7 S.S. Rain! Bed P.M.	8 Washed	9 Ironed	10 Moms P.M.	11 Down P.M.	12 Cleaned up & some down st.	13 Baked. Don to dentist cleaned
14 S.S. Bed P.M.	15 washed. hung out lid most of ironing in evening.	16 Ironed Miss. at June's	17 Mother's P.M. Board meeting Don to Rev. Ish	18 Sewed all day.	19 Ruth enrolled in Joe Rindgeath Down P.M.	20 Cleaned all house. Nice day.
21 S.S. To Mother's cottage workshop Cemeter. P.M.	22 Washed. hung some out. Com. meeting at Barbara's eve.	23 Ironed	24 Finished ironing. Mended.	25 Cleaned the house. Down P.M.	26 Cleaned up st. washed windows. Baked P.M. Com. meeting at home's	27 Cleaned. Marge up.
28	29	30	31			

Lovely Day.

MEMORANDUM CALENDAR FOR FEBRUARY

1934

FEBRUARY

1934

SUN.	MON.	TUE.	WED.	THU.	FRI.	SAT.
				1	2	3
4	5	6	7	8	9	10
11	12	13	14	15	16	17
18	19	20	21	22	23	24
	Washed. Ironed eve. Blanch Enig. born 8:30 P.M.	Ironed G.M. Miss at Emma's loved! Mrs. Lister + Mrs. Jean came down.	cleaned up house Thermostat here all day.	^{saved a dollar} No school. went to Fid. class tea P.M. Nice!	cleaned upstairs. Baked P.M. Bos in bed. Sick stomach.	cleaned. Nice day.
25	26	27	28			
S.S. Snow!!! Had washed	Ironed slipsnow. Bob sick in bed with sore throat	Ironed some.	finished ironing. cleaned upstairs Bob about the same			

MEMORANDUM CALENDAR FOR MARCH

1934

MARCH

1934

SUN.	MON.	TUE.	WED.	THU.	FRI.	SAT.
			maize open on Mch. 17	1 Washed down sh. Curtains + bedding. Ironed eve.	2 Ironed A.M. Baked. Luncheon eve.	3 Ironed. cleaned + put up curb Snow melting.
4 Nice day Not cold, went down to Franklin's S.S.	5 Nice G.M. cleaned house Rain Storm P.M. Snow eve. Dr. here. Bob still unwell	6 Washed Bob no better. David got thru	7 Ironed. Bob feeling bad tonight. Restless.	8 Ironed. Dr. came. Bob better. went to Seth Parker play.	9 Ironed Mended metad w/d. sore throat.	10 Cleaned. w/d no better Bob much ^{lots} better. Dr. here ^{snow}
11 To S.S. Bob out of bed all day. Dad (W.) Bed. Snow	12 Ironed. Bob down stairs.	13 Ironed. Mended. mom up P.M. Nice day ^{snow} all ^{gone}	14 Snow!!! Snowing + blowing. Gene + Ruth saw throat.	15 Nice day. Dr. came. Thought Bob much improved. my head aches, time	16 Windy. Dad put out snow on yard. Baked. Ruth up. Bob Seth's sick	17 Warm today but windy. Bob out for first. cleaned.
18 Snow! so no S.S. Head still aches. Dad w.	19 Ironed. got over finished iron eve.	20 Cleaned house Miss at mable's. Don sore throat	21 Mended + served all day. Fixed. mom eve	22 Stayed in bed with bad sore throat today.	23 Better. Stayed in bed Bob better this eve. children got new skates	24 up all day. Bi-Bon cleaned, gone. Nice day.
25 Lovely Day. rest. Dad w.	26 Rain! cleaned up house Ironed till 10:30 finished	27 Rainy + fanned to ice over everything. mended. finished Betty's	28 Sunny day! Coed, mom up. cleaned stove. Boy haircut.	29 Town G.M. Bath coats + hat. Boy's clothes. Served P.M.	30 Cleaned up stairs. Docks came 5 P.M. (500)	31 Snow G.M. rest of day. cleaned Baked pie. (500) Nice day coat

MEMORANDUM CALENDAR FOR APRIL

1934

APRIL

1934

SUN.	MON.	TUE.	WED.	THU.	FRI.	SAT.
1 Wee day Hocks left at 3:30 P.M.	2 Lovely Day, washed all bay.	3 Lovely day, warm. Snow Emma Mary + Mrs. W.P.M.	4 Rain! Snowed all day. cleaned T.M.	5 Baked donuts 4 P.M. Down home T.M.	6 Founh day Rachel over T.M. nice day Baked pie	7 Nice day. Went to Dr. for sore finger.
8 Lovely day S.S. Don sick. temperature.	9 Lovely day, washed 105° Dr. for Don.	10 Nice day. Snow 103° Don same.	11 Showers G.M. Snow P.M. Dr. here tel.	12 Snow! ground covered. Dr. here. Began work on road.	13 Snow all day. melt right away. very much better. Dr. here.	14 Cloudy day. cleaned. Don better.
15 Cloudy S.S. Don dressed. Got Levy.	16 Rainy day. Nice P.M. washed & ironed all.	17 Nice day. min. at 10:50. Aprons 10:50. M. D. Ban discussed.	18 Nice day. cleaned all over house. Baked, sugar. Don back to school.	19 on road. lovely day. served 77. at 11:50.	20 Cleaned attic.	21
22 came P.M. S.S. + church. Mrs. Tink's funeral P.M.	23 Nice day. Windy washed meeting for Mrs. B. at Francis'.	24 Cloudy. Rain + snow. Ironed.	25 Fine. Scrubbed attic. Baked.	26 Cold. Down G.M. issue shoes. Mrs. P. Swedish party P.M. nice time.	27 Cold windy. cleaned all drawers + closets. Baked.	28 Cleaned. Nice day.
29 lovely day S.S.	30 Nice! washed. Ironed.	[Faint handwriting]	[Faint handwriting]	[Faint handwriting]	[Faint handwriting]	[Faint handwriting]

gave shoes.

MEMORANDUM CALENDAR FOR MAY

1934

MAY

1934

SUN.	MON.	TUE.	WED.	THU.	FRI.	SAT.
		1 Fine, warm warm day.	2 Nice warm Town G. M.	3 Nice! Planted lilacs. washed jeans in Polly room. washed rugs. meeting at 7:30 in M.S.	4 Nice!	5 Nice day.
6 Very warm day. S.S. & Church. Drove to Emma's house a little before 10 went to Hamilton's and Craig to see and get some Salvatore. Good.	7 Washed and ironed nearly everything. Went to meeting at Mayest Joe Alms Banquet.	8 Uncle Frank finished floor upstairs. went to town G.M. Permanent P.M. Home at 6:30. Worked on program at Emma's till 10:30.	9 went down to M.C. to put in order for team. visited on the way home. Home at 11:30 A.M. Ironed curtains. finished program.	10 worked at church all day. Lunch at Daisy's. Rain P.M. Nice evening. About 9:00 Mother-Daughter Party.	11 Went to pay McL. bill & around till girls went to school. Cool day! Ruth, Betty, Dad & I went to pray at Daisy's.	12 worked at store all G.M. went down to Morris P.M. Went for plants. Came home & scrubbed floor.
13 Nice G.M. Rain P.M. Went out home all of furniture there! Home at 8:30.	14 Rainy! Washed & ironed.	15 Nice day, Cool! Ironed all day. Miss. at lunch. Uncle Jim started painting house.	16 Nice day Packed boxes. Town for lunch and to see Aunt Earth home. Good fun & Ruthie & I. Board meeting. Home at 10.	17 Nice day. Washed Bedding. Cleaned Basement Packed Cags. Town. visit plant.	18 Ironed A.M. Bake pies & cookies. P.M. scrubbed floors.	19 worked garden till 9:30 Store from 9 to 2 Down home 7:30.
20 S.S. and church Hot day! 72° did nothing all P.M. Wrote letters.	21 Washed still hot Ironed till 10 P.M.	22 Cool day. Little rain very little cleaned room papers.	23 Still Charing.	24	25	26
27	28 Washed. Ruth & I to town P.M. we linen dress.	29 Helped at store till 10:30 got pouch furniture out. Ironed.	30 warm and nice day. went to Papade and Cemetery. Then to Idona. Big crowd.	31 Kindergarten Picnic. Ruth, Gene & Don & I went to Yellow Creek. Hot!	Washed. Practised at church P.M. Fast day of school.	

MEMORANDUM CALENDAR FOR JUNE

1934

JUNE

1934

SUN.	MON.	TUE.	WED.	THU.	FRI.	SAT.
					1 Washed. Practice for Children Day. P.M. Last day of school.	2 Store all G. M. Mis Miles Left.
3 S.S. & Church Pg. Practice P.M.	4 C.D. Practice G. M. Hot!	5 C.D. Practice G. M.	6 C.D. Practice G. M. Washed early. Ironed some Pageant Prep.	7 all Day Miss. mending at Mae's.	8 Took C. D. Practice. G. M. Made straw Jam P.M.	9 Store G. M. + From 3 to 5 P.M. went to see Grandma and Alice. Ironed till 12
10 Children's Day Program at B.S. (O.K.) Cleaned drawer out P.M. Hard Shower 8:30 P.M.	11 Betty & I to town most all day. Pageant Practice at H. S. Eve.	12 Cleaned kitchen cupboards & painted them. Went to Alpha Class meeting at Isabel's.	13 Washed. Betty to town. Thullens moved to country. nice day. Not so warm Pageant Prep. made jam	14 Ironed all day. Made jam Choir Pract.	15 Cleaned all day.	16 Store till noon and from 3 to 5. Betty & Bob & Dave went to Egge's picnic at Chestnut Hill. I took them & went for them.
17 S.S. Clerks & Lee Earl, Jamie, Art and Jennie came Home about 4 P.M.	18 Rain all day! Finished herbanning curtains.	19 Nice day. Washed. Pag. practice at school.	20 Ironed all day. C. P. at church	21 Mended and got costume ready. Pag. practice	22 Cleaned all of house. Bonifat Pageant went A.K. Big crowd	23 Store till 12. Iron P.M. Got knew sick dress. Caid home at 5. He & I went to Banquet. Lovely! Hot!
24 Hot! S.S. & Church nice day. Organized all of it. All over!	25 Nice day. Washed. Ironed some.	26 Ironed till 3 P.M. Rained at noon. Ship. at Berthas.	27	28 Reunion. Betty went to farm. then to Ruth's & Ernie's	29	30 Store

Went horse-back riding P.M. Ho!

MEMORANDUM CALENDAR FOR JULY

1934

JULY

1934

SUN.	MON.	TUE.	WED.	THU.	FRI.	SAT.
1 S.S. Church	2 Washed.	3 Lined.	4 ^{Went H.B.} riding at 6 a.m. Warm! Carl collecting P.M. D.R. ride.	5 Cleaned all day. Ch. Proparty	6 Cleaned. Miss party Here. <u>Fun.</u>	7 Rain all day. (no store) Cleaned up house. Preschew party Evening.
8 S.S. Church	9 Washed	10 Lined	11	12 Worked in garden till 10:30. Staid with Harts till 4:30. Shit side sick.	13 Town a.m. Hard Rain eve. Storm in nite	14 Store a.m. Toeks came out about 4:30 P.M. men to a.R.
15 ^{Comes} all went to Chester Ruth's, W. Va. Toeks + D. → (201) Everyone had good time. Toeks staid all nite.	16 Washed. Toeks left at 5 a.m. Covers + D. to D.R. Bob + Gene went to farm.	17 Lined. G.M. Picnic at Covers. Jennie staid	18 Lined all day. D.R.	19	20 Baked a.m. Girls + Dave to town P.M.	21 Store a.m. girls went to Carol W. party. Dad + I to H.R.
22 S.S. + Church. H.B. riding about 6 P.M.	23 Washed and Lined till 10 P.M. girls + Dad to a.R.	24 Lined till 10 a.m. Ruthie had picnic, 10 girls <u>Hot!</u>	25 went for Blackberry got 3 qts. Made 60 jelly. C to I to Boards meeting till 10 P.M. <u>Hot!</u>	26 Foamed all day. P.M. Took material to E. Smith's. a.m. D.R.	27 weeded garden Town P.M. a.R.	28 Store a.m.
29	30	31				

MEMORANDUM CALENDAR FOR AUGUST

1934

AUGUST

1934

SUN.	MON.	TUE.	WED.	THU.	FRI.	SAT.
			1	2	3	4
5	6	7	8	9	10	11
12	13	14	15	16	17	18
19	20	21	22	23	24	25
26	27	28	29	30	31	

MEMORANDUM CALENDAR FOR SEPTEMBER

1934

SEPTEMBER

1934

SUN.	MON.	TUE.	WED.	THU.	FRI.	SAT.
30 S.S. Prom. Day Went to Circle. Rainy.						1 Cloudy Day. Cloudy Day.
2 Snowy Day. Lake boat All family came for day. 2707 Res. Ruth + home and get + service stay fall rite.	3 Another cloudy day. Warm. Packed + then went swimming Left about 4:30 P.M.	4 To school again. Went with Ruth A.M. Packed 7 P.M.	5 Washed.	6 Ironed.	7	8 Cleaned Went to J. Pies at Northfield with Blackman's Home at 3:30 P.M.
9 S.S. and Church.	10	11 Down A.M. Don's Birth to J. Field again. Home at 12:30 A.M.	12	13 Washed.	14 Ironed.	15 Cleaned.
16 S.S.	17 Cleaned House.	18 Miss meeting here tomorrow. 12 here. Bed at 2:00 A.M.	19 Washed Down. P.M.	20 Washed	21 Ironed.	22
23 S.S. + Church. Grandma's Rally Day on Nelson's ave.	24 Ironed.	25 Washed.	26 Ironed. Cleaned up house.	27 Down. Home all Day. Went to see Mic. Wash.	28 Baked at Iowa Park with Mom P.M. Toothache.	29 Cleaned.

MEMORANDUM CALENDAR FOR OCTOBER

1934

OCTOBER

1934

SUN.	MON.	TUE.	WED.	THU.	FRI.	SAT.
S.S. Pro. Day. Went to Lovick Rainy.	1 Washed. Nice day. Put up 15 qts grape juice.	2 Ironed all day.	3 cleaned. Dentist P.M. Dressed teeth W.S. ball game St. L. won	4 Baked. A.M. St. L. won.	5 Baked Squid. Listened to W.S. St. L. vs.	6 Cleaned. W.S. St. L. Detroit won.
7 S.S. Rally Day. Nice day. St. L. won W.S.	8 Washed. Ironed. St. L. won	9 Ironed. St. L. won	10 Fown G.D. Dentist P.M. Board meeting eve.	11 cleaned up house. Down to church to get soup & pie. M. L. & Ruth M. up. P.M. went to M. L. & Ruth M. meeting eve.	12 Cleaned attic. Baked P.M. Washed eye. Frost.	13 Cleaned all day. Cleaned up garden
14 S.S. and Church. Don sick temp. Nice day.	15 Washed Don same. Lovely day.	16 Ironed. McLain quite warm. Don same. Dr. came. 104 1/2°	17 Nice, warm little windy. Don about same 104° Dr. here. Mended.	18 Frost Sewed curtains Dr. here. Temp. down	19 Cleaned. Don's room. Put up new curtains. Took temp. 101° Took Dr. here. Don's temp 101° Eating a little	20 Cloudy & bright. Dr. here. Don's temp. much below normal. very weak Betty Don's leg Eating good now.
21 No S.S. Dad to bed with cough. Don little brighter. Nice day windy	22 washed. Dad worked all noon. Red Don better.	23 Ironed Dad here last time. Don better. Dad home all day Went to shop in Evelyn C. at 10:30	24 Washed curtains. and bedding. Don dressed and down stairs to C. M. & Pauline's here at 10:30 P.M.	25 Cleaned noon. Ironed all curtains. nice a.m. Rain P.M. M. L. & Ruth M. meeting eve.	26 Cleaned city. Ironed Washed back- room walls. no school. Went to Piquette Bundles at Mrs. Caird	27 Cleaned Baked. Took gunville came at noon. Dad's birthday 500 till 1:30 P.M. Rain! Girls to see Mrs. W. D. Cabbage Patch P.M.
28 Snow! covered ground this morning. not so bad off. No S.S. Took left at 3:30. Spr. pretty well	29 Rain! washed.	30 Ironed a little. Made donuts. Dad gave to 3 went to shop at party at Piquette	31 Finished Ironing M. L. & Ruth M. Kids Hullo washed Rain! Rain!			

MEMORANDUM CALENDAR FOR NOVEMBER

1934

NOVEMBER

1934

SUN.	MON.	TUE.	WED.	THU.	FRI.	SAT.
				1 Snow and Sunning straightened up the horse.	2 Cleaned upstairs 4 P.M. Down 7 P.M.	3 Took all kids to town. Dad lunch at S. H. Co. Saw wagon wheels at Keith.
4 Church.	5 Washed. Don started back to school. Slept to be O.K.	6 Ironed. went to vote P.M. no use. Demp got it.	7 I have a bad cold.	8	9 Cold better Cleaned. Went to show at Structures Hi tonight.	10 Sunshine and rain. Baked and cleaned.
11 S.S. and church eve. Snow.	12 Washed. To Marie's show. Dine at Gladys'. Jolly good time.	13 Ironed.	14 up to Mrs. Dyals 9 P.M. went with Mum to Mackie P.M. Board meeting and walk to L.V.	15 Down to Mother's all P.M. Mended. eve.	16 Cleaned all of house. down to Mary's for meeting in evening.	17 Down A.M. Got boys shoes Betty coats, etc. Haircut + Marcel P.M.
18 Nice day. Went to Betty's for the day. Nice time. Went home too from 7:30	19 Raining! Washed bath washer broke at 10 P.M. She took it away for maybe 10 days. Fed and milked P.M. Made plans for next week.	20 Nice day. Finished washing by hand Ironed all P.M. Dined at Mildred S's. Katie took us. Dad went to meet at 1 P.M.	21 Lovely Day. Finished Ironing at 11 P.M.	22 Full cleaned downstairs.	23 Stretched curtains!!! Baked P.M. Church supper and to see Himey Bros. and Mills' Bros.	24 Cleaned. Ironed d.r. "curtains"
25 S.S. and Church. Long walk P.M. church at 5 o'clock. Nice day. Cal.	26 Nice day. Windy. Washed some Drove all eve.	27 Cleaned up house. Dined up P.M. threw to it with Mom.	28 Baked Ruth's birthday cake	29 To church at 10:00 P.M. Raining! Down home for dinner Boys at S's same P.M. we went to see Peck's Bad Boy etc.	30 Sewed 6 P.M. Down with girls P.M. for them shoes Thunder Storm eve	clean

MEMORANDUM CALENDAR FOR DECEMBER

1934

DECEMBER

1934

SUN.	MON.	TUE.	WED.	THU.	FRI.	SAT.
30 S.S. + Church. Ice Skating P.M. -!!!	31 Baked cup cakes. Cleaned. 500.					1 Cleaned all day. Cold, wind.
2 S.S. mother + Dad up for Turkey Dinner Neck, sunny day.	3 Rain! cloudy cold. washed. Big fire. Fogged and Irons Eve.	4 Ironed. cloudy day Cold, snow flurries	5 Town. A.M.	6	7 Snow.	8
9 S.S.	10 Washed.	11 Ironed	12 Town all day.	13 Sewed pillow cases + apron all day.	14 Bazaar + supper Joshua's. A.M. Marcell P.M. 70 church till 9:30. Big 40. Success.	15
16 S.S. lc	17 Washed.	18 Ironed. Cold. Miss. at Theresa's.	19 Rain! Sun! Town P.M.	20 Permanent A.M. for mother Home at 3:30 Miss. party at Emma's Eve.	21 Baked A.M. School P.M.	22 Frosted cookies for Primrose party. Went to church A.M. Trimmed tree. Party from 2 to 4 about 30 there.
23 S.S. + church Dad + Bob worked all day at Kills + I up to Grandma's P.M. Cantata eve.	24 Town A.M. Cleaned. Put tree up.	25 Out to Pa. gave the day. Nice time. Everyone there but Emma	26 Just rested today.	27 Washed. cleaned.	28 Ironed. Baked P.M. Snow Eve.	29 Cleaned.

Legal Holidays in the United States

The Chief Legal Holidays are:

- Jan. 1—New Year's Day: All the states, territories and colonial possessions.
- Feb. 12—Lincoln's Birthday: (Alaska, Cal., Colo., Conn., Del., Ill., Ind., Iowa, Kan., Ken., Mich., Minn., Mo., Mont., Neb., Nev., N. J., N. Y., N. Dak., Ohio, Ore., Pa., Porto Rico, S. Dak., Utah, Wash., W. Va., Wyo.)
- Feb. 22—Washington's Birthday: All the states, territories and possessions.
- Mar. 29—Good Friday: Conn., Del., Fla., La., Md., Minn., N. J., Pa., Philippines, Porto Rico, Tenn. In Conn. Good Friday is usually proclaimed by the Governor as a day of fasting and prayer.
- May 30—Decoration or Memorial Day: All states and possessions, except Ala., Fla., Ga., La., Miss., N. Car., S. Car., Tenn. and Texas.
- July 4—Independence Day: All the states, territories and possessions.
- Sept. 2—Labor Day: Every state and territory, except Wyoming and the Philippines.
- Oct. 12—Columbus Day: Every state and territory, except Alaska, Ark., Dist. of Col., Fla., Ga., Hawaii, Ia., Me., Minn., Miss., N. C., Okla., Philippines, S. C., S. Dak., Tenn., Utah, Va., Wis. and Wyo. In Kansas it is not a holiday as to courts or notes.
- Nov. 11—Armistice Day: A national holiday and also observed in all the states.
- Nov. 28—Thanksgiving Day (last Thursday in Nov.): Every state, territory and possession, except Utah, where it is observed, though not on the statute books.
- Dec. 25—Christmas Day: Every state, territory and possession.

Under the Negotiable Instruments Law every negotiable instrument is payable at the time fixed therein without grace. When the day of maturity falls upon Sunday or a holiday, the instrument is payable on the next succeeding business day. In the United States legal holidays are fixed by state and territorial legislation.

Other Legal Holidays Not in Above Table

- Jan. 8—Battle of New Orleans: At New Orleans only.
- Jan. 19—R. E. Lee's Birthday: Observed in Ala., Ark., Fla., Ga., Miss., N. C., S. C., Tenn. and Va.
- Feb. 12—Georgia Day: In that state only. Date of Oglethorpe's landing in 1733.
- Feb. 14—Admission Day: In Arizona.
- Mar. 2—Sam Houston Memorial Day: In Texas.
- Mar. 4—Inauguration Day: Once every four years in the District of Columbia only.
- Mar. 22—Primary Day: In South Dakota.
- Mar. 22—Emancipation Day: In Porto Rico.
- Mar. 25—Maryland Day: In that state only.
- Mar. 30—Seward Day: In Alaska.
- April 12—Date of Passage of Halifax Resolution: In North Carolina.
- April 13—Birthday of Thomas Jefferson: In Alabama.
- April 19—Observed as Patriot's Day in Me. and Mass. (3rd Tuesday)—Day of state elections in Louisiana.
- April 21—Anniversary of Battle of San Jacinto: In Texas.
- April 26—Confederate Memorial Day: In Ala., Fla., Ga. and Miss.
- April 28—Good Friday: In N. H.
- April 28—Labor Day: In N. H.
- April 28—St. George's Day: In N. H.
- April 28—St. George's Day: In N. H.
- April 28—St. George's Day: In N. H.

Foreign Mail Matter

Rates of Postage

The rates of postage applicable to articles for foreign countries are as follows:

Letters for Canada, Cuba, Mexico, Republic of Panama, City of Shanghai (China), England, Ireland, Newfoundland, Santa Domingo, Scotland, Wales, the Bahamas, Barbados, British Guiana, British Honduras, Dutch West Indies, Leeward Islands, New Zealand, Trinidad (including Tobago), and the Windward Islands (including Grenada, St. Vincent, the Grenadines and St. Lucia), Bolivia, Colombia, Honduras, Nicaragua and Peru, per ounce.....	2
Letters for Germany by direct steamers, per ounce....	2
Letters for all other foreign countries and Germany, when not dispatched by direct steamers:	
For the first ounce or fraction of an ounce.....	5
For each additional ounce or fraction of an ounce....	3
Single postcards (including souvenir cards), each.....	2
Reply postal cards, each.....	4
Printed matter of all kinds, for each 2 ounces or fraction of 2 ounces.....	1
Commercial papers, for the first 10 ounces or less....	5
For each additional 2 ounces or fraction of 2 ounces..	1
Samples of merchandise, for the first 4 ounces or less..	2
For each additional 2 ounces or fraction of 2 ounces..	1
Registration fee in addition to postage.....	10

Foreign Parcel Post

Postage Rate—Postage must be prepaid in full by stamps affixed at the rate of 12 cents a pound or fraction of a pound. Registry fee 10 cents in addition to postage.

Dimensions—To all countries named packages are limited to three and one-half feet in length and to six feet in length and girth combined, except that packages for Colombia and Mexico are limited to two feet in length and four feet in girth.

Weight—Packages to certain postoffices in Mexico must not exceed four pounds six ounces in weight, but those for all other countries named may weigh up to but not exceeding eleven pounds.

Help in Case of Accidents

Drowning—(1) Loosen clothing, if any. (2) Empty lungs of water by laying body on its stomach and lifting it by the middle so that the head hangs down. Jerk the body a few times. (3) Pull tongue forward, using handkerchief, or pin with string if necessary. (4) Imitate motion of respiration by alternately compressing and expanding the lower ribs about twenty times a minute. Alternately raising and lowering the arms from the sides up above the head will stimulate the action of the lungs. Let it be done gently but persistently. (5) Apply warmth and friction to extremities. (6) By holding tongue forward, closing the nostrils and pressing the "Adam's apple" back (so as to close entrance to the stomach), direct inflation may be tried. Take a deep breath and breathe it forcibly into the mouth of patient; compress the chest to expel and air, and repeat the operation. (7) DON'T GIVE UP! People have been saved after hours of patient, vigorous effort. (8) When breathing begins, get patient into a warm bed, give warm drinks or spirits in teaspoonfuls, fresh air and quiet.

Burns and Scalds—Cover with cooking soda, and lay wet cloths over it. Whites of eggs and olive oil. Olive oil or linseed oil, plain, or mixed with chalk or whiting. Sweet or olive oil and limewater.

Lightning—Dash cold water over a person struck. Sunstroke—Loosen clothing. Get patient into shade and apply ice-cold water to head. Keep head in elevated position.

Mad Dog or Snake Bite—Tie cord tight above wound. Suck the wound and cauterize with caustic or white-hot iron at once, or cut out adjoining parts with a sharp knife. Place in whiskey, brandy, etc.

Insects, Etc.—Apply wash

Normal Heights and Weights of Adults

Height	Weight	Height	Weight
5 ft. 1 in.....	128 pounds	5 ft. 7 in.....	158 pounds
5 ft. 2 in.....	135 pounds	5 ft. 8 in.....	166 pounds
5 ft. 3 in.....	142 pounds	5 ft. 9 in.....	173 pounds
5 ft. 4 in.....	149 pounds	5 ft. 10 in.....	181 pounds
5 ft. 5 in.....	152 pounds	5 ft. 11 in.....	186 pounds
5 ft. 6 in.....	155 pounds	6 ft. 0 in.....	190 pounds

Heights and Weights of Children

Height.		Wt..	Height.		Wt..
		Lbs.			Lbs.
At birth....	1 ft. 1 in.	8	6 years....	3 ft. 10 in.	49
6 months....	2 ft. 0 ½ in.	16	7 years....	4 ft. 0 in.	52 ½
1 year....	2 ft. 5 in.	24	8 years....	4 ft. 2 in.	56 ½
1 ½ years....	2 ft. 8 ½ in.	28	9 years....	4 ft. 4 in.	62
2 years....	3 ft. 0 in.	32	10 years....	4 ft. 6 in.	68
3 years....	3 ft. 4 in.	36 ½	11 years....	4 ft. 8 in.	74
4 years....	3 ft. 6 in.	41	12 years....	4 ft. 10 in.	80
5 years....	3 ft. 8 in.	45			

The Pulse at Different Ages

Newborn infants, per minute.....	130 to 140
First year, per minute.....	115 to 130
Second year, per minute.....	95 to 110
Third year, per minute.....	85 to 95
Seventh to fourteenth year, per minute.....	80 to 90
In adult age, per minute.....	70 to 75
In old age, per minute.....	60 to 75

Tests of Death

Hold mirror to mouth. If living, moisture will gather. Push pin into flesh; if dead, the hole will remain; if alive, it will close up. Place fingers in front of a strong light, if alive, they will appear red; if dead, black or dark.

Every human death may be attributed to one of three causes: (1) Interference with respiration (asphyxia or apnea); (2) interference with the heart's action (syncope), and (3) interference with the nervous system (coma or shock). The number of distinct diseases producing death is limited.

Roman and Arabic Numerals

I.....	1	IX.....	9
II.....	2	X.....	10
III.....	3	L.....	50
IV.....	4	C.....	100
V.....	5	D.....	500
VI.....	6	M.....	1000
VII.....	7	MCMX.....	1910
VIII.....	8	MCMXXII.....	1922